

# A DAY IN THE VALLEY

## HARTZ NATIONAL PARK

This day is planned to give participants an enjoyable outdoor adventure, exploring scenic tracks and having a relaxed time in nature.

- Please ensure your child is dressed appropriately for hiking, with sturdy shoes, a hat, and sunscreen applied.
- A packed lunch, water bottle, and any additional snacks should be provided.
- We recommend packing a light rain jacket in case of sudden weather changes.
- If you have any concerns or special requirements for your child, please inform us in advance.

### **SCHEDULE:**

#### **9:00 AM: Collect Participants**

Ensure everyone is ready for the day with appropriate clothing, snacks, and water.

#### **9:30 AM: Depart for Hartz Mountains National Park.**

#### **10:30 AM: Arrive at Hartz Mountains National Park.**

Take a moment to organise, check in and prepare for the hike.

#### **10:45 AM: Begin the Lake Osborne Track.**

Distance: Approximately 2.1 km return.

Duration: 45 minutes to 1 hour.

#### **11:45 AM: Conclude the Lake Osborne hike.**

#### **12:00 PM: Lunch break**

#### **12:15 PM: Start the Lake Esperance Walk.**

Distance: Approximately 3.4 km return.

Duration: 1.5 to 2 hours.

#### **2:00 PM: Complete the Lake Esperance hike.**

#### **2:10 PM: Depart Hartz Mountains National Park.**

3:00 PM: Drop participants off, concluding the day.